

# JHUNJHUNU ACADEMY HOSTEL

## DAILY ROUTINE



**JHUNJHUNU ACADEMY** | Estd. 1993  
Wisdom City | CBSE 10+2

S.No.	Activity	Summer	Winter	
1	Wake Up Call	5:00 AM	5:30 AM	
2	Ablutions	5:00 AM	5:30 AM	
2	Yoga / Running (Roll Call on Field)	5:30 AM	6:00 AM	
3	Bathing / Get Ready for School	6:00 AM	6:30 AM	
4	Breakfast	6:30 AM	7:00 AM	
6	Supervised Study in Classrooms	7:00 AM	7:30 AM	
7	School Time (First Half)	8:00 AM	9:00 AM	Summer 8 to 2
8	Lunch	11:15 AM	12:15 PM	Winter 9 to 3
9	School Time (Second Half)	11:30 AM	12:30 PM	
<b>SCHOOL PLUS - EXTENDED HOURS PROGRAM (OPTIONAL) 3 HOURS</b>				
10	Freshen Up/ Lemon Juice/ Herbal Tea	2:00 PM	3:00 PM	<i>School Plus Hours</i>
11	Homework Class By Subject Teacher	2:10 PM	3:10 PM	
12	Revision Class By Subject Teacher	2:50 PM	3:50 PM	
13	Spoken English / Dance Class	3:30 PM	4:30 PM	
14	Break ( Evening Snacks)	4:00 PM	5:00 PM	
17	Specialized Sports Coaching	4:15 PM	5:15 PM	
18	Team Sports / Canteen / Recreation	5:00 PM	5:15 PM	
19	Freshen Up & Change	6:30 PM	6:15 PM	
20	Dinner	6:45 PM	6:30 PM	
21	Supervised Study (In Classrooms)	7:15 PM	7:15 PM	
22	Milk Time	10:15 PM	9:45 PM	
23	Lights Out	10:30 PM	10:00 PM	

### NOTE :

- The routine / time table for Sunday & the last working day of every month will be different.
- Please also refer to the official notice boards for any change.